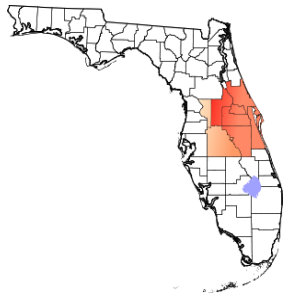


# Anniversaries

# Intergrouper



<u>Winter Park Group</u>	<u>College Park Triangle Group</u>	<u>Sober Won</u>	<u>Living Sober</u>
Robert L 1 year	Jay H. 3 years	Beth K 1 year	Sherryl 1 year
Andrew F 1 year	Mary P. 29 years	Doris H 1 year	Mark 1 year
Amanda C 1 year		Lori D 1 year	Jim B 1 year
Megan B 1 year	<u>Pine Hills Grace Group</u>	Justin L 2 years	Martin 3 years
Ryan B 1 year	Ben J 1 year	Don S 5 years	Richard 3 years
James C 1 year	Sandra S 2 years	Janet F 12 years	Steve 3 years
Bob T 1 year	David H 3 years	Sherry G 12 years	Heidi 10 years
Judy M 2 years	Ralphie 3 years	Roger D 17 years	Gail 12 years
Tom M 2 years	Jerry H 5 years		Glenn 12 years
Justin D 2 years	Terry LeC 6 years	<u>Pass It On</u>	Vicky 20 years
Drea E 2 years	Paula A 21 years	Kim W. 1 year	Joe T 28 years
Brian D 2 years	Shannon T 25 years	Tim H 2 years	Joe K 36 years
Marty S 2 years	Vie S 35 years	Jack K 3 years	
Kelly D 2 years	JoAnn F 41 years	Michael H 3 years	<u>Altamonte Springs</u>
Rick P 3 years		Melissa C 4 years	Lisa D. 1 year
Tracie F 3 years	<u>Three Legacies</u>	Carol L. 5 years	Mike M. 6 years
John M 4 years	Isaac 1 year	Tracy B. 9 years	Tom L. 12 years
Tim H 4 years	Bobby B 1 year	Sigrid 10 years	
Mitchell S 4 years	Jonathan S 1 year		<u>Happy Hour</u>
Joe S 4 years	Audrey S 2 years		John V 3 years
Steve S 4 years	Sandram 2 years	<u>Crossroads</u>	Becky B 8 years
Melissa O 4 years	Jerry H 5 Years	Chris R 1 year	
James C 4 years	Loren 15 years	Jeanne L 1 year	<u>Greenhouse</u>
Luke R 4 years	Tom S 21 years	Tony P 2 years	Kirk M 1 year
Randy D 4 years		Terry T 3 years	Fred P 1 year
Jodi W 4 years	<u>From The Heart</u>	John G 5 years	Lynn P 2 years
Paul Y 4 years	September	Phil G 5 years	Kristin S 2 years
Ivana S 5 years	Suzy S 2 years	Paul O 5 years	Craig C 2 years
John W 5 years	Jennifer G 5 years	Al C 7 years	Marco 2 years
Christina M 5 years	Janey G 25 years	Larry L 10 years	Bob W 3 years
Toni F 5 years			Stephen B 3 years
Rob L 5 years	October	<u>Wekiva Basics</u>	David C 6 years
Frank M 6 years	Jennifer E 1 year	<u>October:</u>	Sharon E 8 years
Ed K 6 years	Susan H 1 year	Tim M. 6 years	Jack M 22 years
Joseph M 6 years	Laura B 3 years		Susan L 25 years
Charles L 6 years	Stacey H 3 years	<u>November:</u>	
Brenda L 7 years	Sundai 13 years	Tom G. 3 years	
Wendi G 7 years	June K 14 years		<u>How It Works</u>
Sue D 8 years	Tarre B 21 years		Angela S. 12 years
Patrick B 11 years			
John A 11 years	<u>High Noon</u>	<u>Central</u>	Alva M 28 years
John M 11 years	Joe W. 2 years	Dave M 6 years	Katherine H 10 years
Kathie C 16 years	Karol Ann 2 years	Angel M 6 years	
Grady C 19 years	Mary Jo R. 3 years		
Linda V 20 years	Beverly D. 3 years	<u>Friends of Bill W.</u>	
Lori A 21 years	Jim G. 3 years	Tom K 2 years	
Eddie R 21 years	Joe R. 32 years	David M 3 years	
Michael O 22 years		Dawn D 3 years	
Daryl G 22 years	<u>Clean Air Group</u>	Aaron D 3 years	
Lisa L 23 years	Jody H. 7 years	Peter P 4 years	
Cathy F 23 years	John C. 9 years	Al C 13 years	
Johnny N 24 years	Pat R. 24 years	Joseph R 36 years	
Jim K 25 years	Pat C. 33 years		
Eddie S 34 years	John M. 40 years		
John M 40 years			
<u>Decisions</u>			
Carol S 1 year			

## November 2010 Orlando, Florida

### Service Work In Treatment Facilities

When it comes to Alcoholics Anonymous, I have yet to have an original thought. With that in mind, I would like to thank all the people whose words I will be using. I would like to share some of my experience in carrying the message to prisons and institutions.

My home group in Buffalo was extremely active in both and there I found my service work niche in corrections.

The first prison meeting I went to was on a Superbowl Sunday. It's easy for me to be of service when it's convenient to me, however, on this particular night, I couldn't tell you which one of Buffalo's four losses were suffered that night. In the following years, I went to that prison meeting every Sunday evening. I served as a group representative, and as district and area chair for corrections. This service work kept me grounded and connected in AA, it helped me get through the loss of my restaurant and a break up with my fiancé without taking a drink. My involvement in service work provided me with a connection to my Higher Power, whom I chose to call God. I know this because once I stopped my service work, I lost that connection. After ten years of sobriety, I eventually picked up a drink.

The next five years of my life were spent bouncing in and out of AA and I eventually ended up in Orlando. I walked into the 6:30 AM meeting at the Central Group looking for help and asked the chairperson to introduce me to someone who was heavily involved in the solution as laid out in the Big Book. This is how I was introduced to my sponsor, who also happened to be from Buffalo, though I am certain this was simply a coincidence. I immediately started following the directions with his help and guidance and my life began to turn around.

I knew it was imperative that I get involved in service again in order to stay sober. I looked in the

Intergrouper, and noticed a listing for a TFC meeting in Winter Park. I immediately began attending the meeting and have since become an active participant in helping to carry the message into area institutions. These positions helped me get involved in the Fellowship, introducing me to new people and making me speak to people when I have had to find speakers for area meetings. I also make an effort to attend other meetings in institutions on a regular basis. I have found that whatever I thought was bothering me becomes rather insignificant after finishing a meeting in an institution. It puts things in perspective rather quickly.

I can never repay AA for what AA has so freely done for me. The only way I know to give back is to take every opportunity to serve and I have come to enjoy it. My life is no longer any of my business: my purpose is to be of service to God's children any way I can. When I buy into the system, my actions become something not to be endured but enjoyed. Service is the ability to give of self without the expectation of reward or recognition. When I perform an act of service, the universe will reward me with greater results than I could have ever expected. Service gives me purpose. Service gives me a connection: with AA, with the fellowship and with my Higher Power. Service gives me a reason to take care of myself. When I serve, I am not tied to the outcome. I am only responsible for the action and commitment. As the book says, "Nothing will so much insure immunity from drinking as intensive work with other alcoholics. It works when other activities fail."

I strongly urge any member or group to get involved in this type of service. It's a great way to feel a part of something. The Treatment Facilities Committee meets every second Thursday at 6:30 PM at the Winter Park Group. I hope to with you soon.

Yours in service,  
Jim

**Step Eleven**

Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out

**Tradition Eleven**

Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.

**Concept Eleven**

The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualification, induction procedures, and the rights and duties will always be matters of serious concern

# Events Calendar & Hotline Schedule

November 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 ----- 6-9 Kay ----- 9-1 Nikki ----- 1-5 F.T.H. ----- 5-10 Jerry ----- 10-6	2 Brenda ----- 6-9 Hugh ----- 9-1 Eric ----- 1-5 Anne K ----- 5-10 ----- 10-6	3 Phil T. ----- 6-9 Cynthia ----- 9-1 Betty ----- 1-4 Lee B. ----- 4-10 Liam G. ----- 10-6	4 Brenda ----- 6-9 Sam P. ----- 9-1 Jean ----- 1-4 L.S. ----- 4-10 Steve ----- 10-6	5 Mark L. ----- 6-9 Lance ----- 9-1 Tom G. ----- 1-4 H.A.G. ----- 4-10 Dan ----- 10-6	6—SILENT AUCTION ITEMS DUE Mark L. ----- 6-9 Lance ----- 9-1 Tom G. ----- 1-4 H.A.G. ----- 4-10 Dan ----- 10-6
7 Kerry ----- 6-9 Gary ----- 9-1 P.G. ----- 1-5 Chris ----- 5-10 G.H. ----- 10-6	8 ----- 6-9 Kay ----- 9-1 Nikki ----- 1-5 F.T.H. ----- 5-10 Carol S. ----- 10-6	9—District 18 6:30pm St Steven's Lutheran Church, Longwood Brenda ----- 6-9 Hugh ----- 9-1 Eric ----- 1-5 Anne K ----- 5-10 ----- 10-6	10—INTERGROUPE SUBMISSIONS DEAD- LINE Phil T. ----- 6-9 Cynthia ----- 9-1 Betty ----- 1-4 Lee B. ----- 4-10 Liam G. ----- 10-6	11—CFL Treatment Committee 6:30pm WPG Brenda ----- 6-9 Sam P. ----- 9-1 Jean ----- 1-4 L.S. ----- 4-10 Steve ----- 10-6	12 Mark L. ----- 6-9 Lance ----- 9-1 Tom G. ----- 1-4 H.A.G. ----- 4-10 Dan ----- 10-6	13—GRATITUDE BANQUET Mark L. ----- 6-9 Lance ----- 9-1 Tom G. ----- 1-4 H.A.G. ----- 4-10 Dan ----- 10-6
14 Kerry ----- 6-9 Gary ----- 9-1 P.G. ----- 1-5 Chris ----- 5-10 G.H. ----- 10-6	15—District 11 6:45pm East Side Club ----- 6-9 Kay ----- 9-1 Nikki ----- 1-5 F.T.H. ----- 5-10 Carol S. ----- 10-6	16 Brenda ----- 6-9 Hugh ----- 9-1 Eric ----- 1-5 Anne K ----- 5-10 ----- 10-6	17—Service Committee, CFI, 6:30pm Phil T. ----- 6-9 Cynthia ----- 9-1 Betty ----- 1-4 Lee B. ----- 4-10 Liam G. ----- 10-6	18 Brenda ----- 6-9 Sam P. ----- 9-1 Jean ----- 1-4 L.S. ----- 4-10 Steve ----- 10-6	19 Mark L. ----- 6-9 Lance ----- 9-1 Tom G. ----- 1-4 H.A.G. ----- 4-10 Dan ----- 10-6	20 4th Step Seminar, Central, 2—5pm Mark L. ----- 6-9 Lance ----- 9-1 Tom G. ----- 1-4 H.A.G. ----- 4-10 Dan ----- 10-6
21 Kerry ----- 6-9 Gary ----- 9-1 P.G. ----- 1-5 Chris ----- 5-10 G.H. ----- 10-6	22—District 9 6:30pm ODAT ----- 6-9 Kay ----- 9-1 Nikki ----- 1-5 F.T.H. ----- 5-10 Carol S. ----- 10-6	23 Brenda ----- 6-9 Hugh ----- 9-1 Eric ----- 1-5 Anne K ----- 5-10 ----- 10-6	24—ALKATHON Phil T. ----- 6-9 Cynthia ----- 9-1 Betty ----- 1-4 Lee B. ----- 4-10 Liam G. ----- 10-6	25—THANKSGIVING INTERGROUP CLOSED ALKATHON Brenda ----- 6-9 Sam P. ----- 9-1 Jean ----- 1-4 L.S. ----- 4-10 Steve ----- 10-6	26—ALKATHON Mark L. ----- 6-9 Lance ----- 9-1 Tom G. ----- 1-4 H.A.G. ----- 4-10 Dan ----- 10-6	27—HOTLINE TRAINING CFI OFFICE, 10 am Mark L. ----- 6-9 Lance ----- 9-1 Tom G. ----- 1-4 H.A.G. ----- 4-10 Dan ----- 10-6
28—DELEGATES MEETING CENTRAL, 11:30am Kerry ----- 6-9 Gary ----- 9-1 P.G. ----- 1-5 Chris ----- 5-10 G.H. ----- 10-6	29—District 10 6:30pm WPG ----- 6-9 Kay ----- 9-1 Nikki ----- 1-5 F.T.H. ----- 5-10 Carol S. ----- 10-6	30 Brenda ----- 6-9 Hugh ----- 9-1 Eric ----- 1-5 Anne K ----- 5-10 ----- 10-6	<b>SUBMISSIONS DEADLINE FOR THE INTERGROUPE ARE THE 10TH OF THE MONTH. PLEASE EMAIL ALL SUBMISSIONS TO INTERGROUP</b>			

The Sober Won Group had a When & Where Booth at last month's **Service Fair** Here are some "stats"!  
 ☞ 153 people placed pins where they got sober which totalled 1,214 years of sobriety!  
 ☞ 94 people got sober in Central Florida.  
 ☞ The others got in other parts of the State or Country and  
 ☞ one got sober in Uruguay,  
 ☞ one in Spain,  
 ☞ one in Puerto Rico and  
 ☞ three in Germany!

**4th Step Seminar**  
 (Held on the 3rd Saturday of every month)  
 Next session: 11/20/2010  
 2:00 p.m. to 5:00 p.m.  
 Location: **Central Orlando Group**  
 310 East Colonial Drive  
 Orlando, FL. 32806

**HAPPY HOUR ALKATHON**  
 Nov 25th 12pm—Nov 26th 12am  
 Come Join Us for Great Fellowship and Great Sobriety Support Needed!  
 Chair a meeting or bring your favorite dish  
 Turkey & Ham with all the fixins will be provided  
 Meetings Every Even Hour  
 299 Live Oaks Blvd  
 Casselberry FL 32707

**CENTRAL FLORIDA INTERGROUP**  
 Phone: 407-260-5822 Fax: 407-260-5604 email: [cfi@embarqmail.com](mailto:cfi@embarqmail.com) website: [www.cflintergroup.org](http://www.cflintergroup.org)  
 Monday—Friday: 9:00 a.m. to 4:00 p.m. Saturday: 10:00 a.m.—2:00 p.m. Sunday: Closed  
 283 Live Oaks Blvd. Bldg. 6 Casselberry, FL 32707

# Announcements



**Central Florida Intergroup**  
**Gratitude Banquet**  
 Sat. Nov. 13, 2010 - Tickets \$35  
 Speaker Jackie G, Orange, CA  
 Silent Auction - Raffle - Great Fellowship  
 Doors open 5:30 pm for Silent Auction to benefit Intergroup  
 First Baptist Church Orlando, 3000 S. John Young Parkway  
 To buy tickets, tables or volunteer contact Intergroup  
**(407) 260-5822**

## HELP SUPPORT INTERGROUP!

The Gratitude Banquet needs donations for the Silent Auction

- Some of last year's donations included:
- Golf passes
  - Pre-purchased gift baskets
  - Attraction tickets
  - Gift certificates for services (hair, massage, painting, photography, personal training...)
  - Household items
  - Decorative items and art
  - AA literature
- Cash and we'll buy the prize for you! And more! Be creative!
- If you're interested in getting involved on the committee or want to donate, please contact **Intergroup (407) 260-5822**
- Donations can also be dropped off at Intergroup **HELP SPREAD THE WORD!**  
 Deadline for donations **November 6, 2010**
- Remember our 7th tradition: every AA group ought to be fully self supporting, declining outside contributions. Donations by AA groups and AA members only

**Big Book Workshop**  
 "California" Rob M. & Vic L.  
 Three Legacies Group of Winter Garden  
 Friday Jan.14 6-9:30  
 Saturday Jan.15 9-5:00  
 (Lunch from 1-2)  
 Sunday Jan 16 9 -1:00  
 Bring your Big Books and 12&12 Pens & Highlighters. The AA Program of recovery as presented in the Big Book of Alcoholics Anonymous  
**Three Legacies Group**  
 260 N Woodland St  
 Winter Garden, FL 34787  
 @The Church of the Messiah  
 All are Welcome

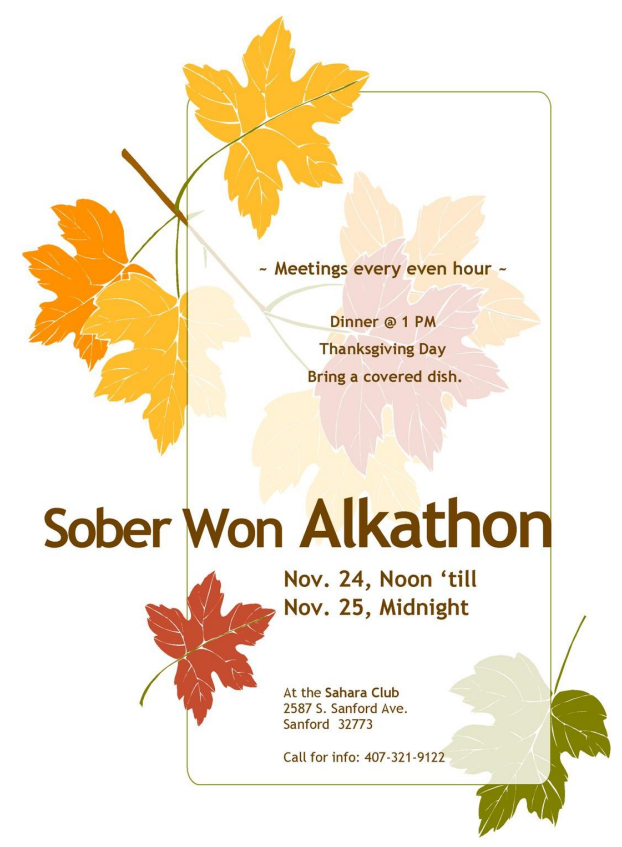
**New Meeting!**  
 Last Call  
 Orlando Wesleyan Church  
 1665 N Chickasaw Trail  
 Orlando, FL 32825  
 Sundays 5pm  
 Open Discussion

**Apopka Big Book Speakers Meeting**  
**November 2010**

11/04	Tom B	Unity
11/11	Ed T	Pine Hills Grace Group
11/18	Dick S	Greenhouse
11/25	Harold K	Sober Won

Thursdays at 8pm, Behind Barnhill's  
 261 South McGee Ave, Apopka, FL 32703

In loving memory of Lorraine B, a proud member of the Three Legacies Group, celebrating 36 years of sobriety.



**Sober Won Alkathon**  
 Nov. 24, Noon 'till  
 Nov. 25, Midnight  
 At the Sahara Club  
 2587 S. Sanford Ave.  
 Sanford 32773  
 Call for info: 407-321-9122

